



Student Name: _____ Date: _____
Phone: _____ E-Mail: _____

Does the student have any prior yoga experience? If so, please explain.

Does the student have any injuries or conditions in which the instructor should be aware? If so, please explain.

Does the student have any specific goals (such as learning basics, reducing stress, improving flexibility, improving strength, improving alignment, etc.)?

Are there any specific asanas (poses) in which the student would like to focus during the session?

Please list student's day/time availability:

* The cost for a single in-studio hour-long private session is \$80. If the student prepays for five in-studio hour-long private session, the cost is \$375 (\$75/session). The cost for a single out-of-studio hour-long private session is \$90. If the student prepays for five out-of-studio hour-long private sessions, the cost is \$425 (\$85/session). There is an additional cost of \$10 per class for each additional student. A 24-hour notice is required to avoid charges for cancelled sessions.